

Realising the True Inspiration of Muhammad (PBUH) in Muslims Life Today

Mohamed Buheji

International Inspiration Economy Project, Bahrain

Abstract Most of Muslims are driven by emotional feelings, rather than empathetic thinking when it comes to the love of Muhammad, the prophet of Islam (PBUH). However, few have understood the meaning of being inspired by Muhammad, through reflecting one perspective of this inspiration or more on their life journey, projects or a targeted change. In this paper, we shall review how different Muslim scholars from different communities views the inspiration of Muhammad on their life and how this enhanced their life-purposefulness journey. The author first calls upon all the Muslim scholars to get engaged in a forum about the Inspiration of Muhammad (PBUH) on a three-day marathon where more than 40 scholars managed to attend and reflect their own life experience with the insights they got from the prophet of Islam. The implications of this work show that there are signs for the inspiration of Muhammad on the life journey of many leading Muslims from all over the world; however, this inspiration is not gauged or developed to create inspiring stories and case studies that could be generalised and publicised with high reliability. The implications of the findings and the limitations of this work are discussed in the conclusion.

Keywords Muhammad (PBUH), Muslims, Islam, Inspiration, Realising Inspiration, Life Purposefulness

1. Introduction

Many Muslims around the world claim they are committed to Islam and have been inspired by Muhammad (PBUH), but when this claim scientifically investigated one could find that it misses enough evidence, or it needs to be more developed, or that is needed to be more sustainable. In many cases, much of the love of Muslims to their prophet Muhammad comes from culture, and it lacks empirical fieldwork. i.e. rarely we could see case studies, or life stories of how the role model of Muhammad (PBUH) influenced a specific professional, or entrepreneur, or a pioneer, or an achiever in achieving what has achieved. Exploring Islam Foundation (2010).

The literature of inspiration economy shows that when some are inspired by another role model, due to his actions and deeds, he/she would be more persistent, persevere, passionate to achieve something and make a differentiation in his contribution, Buheji (2016). Life teaches us also that the depth of inspiration adds more important meanings to be our life journey and our livelihood.

In this paper, we shall try to scan the environment of the depth of inspiration Muhammad (PBUH) on the practices and journeys of the Muslims, taking leading communities

scholars from about 35 countries, who come from different background, and with a different speciality. The collection of the outcome of this work would define what type of focused global actions need to be taken towards developing the extent of what and how could Muhammad (PBUH) inspiration benefit someone's life purposefulness and achievement. Ramadan (2007).

The implication of such work could be one of the pillars that would transform the Muslims love and reactions from being only sympathetic to more being empathetic with the evidence base. i.e., utilise the enthusiasm and influence of Muhammad (PBUH) to bring more meaning and outcome from Muslims in their life journey. This understanding and level of realisation could make many Muslim communities get more pragmatically preoccupied with the impact of the journey of life rather the moments itself. This could differentiate the impact of Muslims to improve their image in the world. Lings (1983).

The literature is scarce in publication or case studies that show how the inspiration of Muhammad is like a snowball that started within his companions, then spread to their followers, till it created and spread a generation of top scholars that led to the seeds of many sciences development that we are living its outcome today, Murad (1998). There the "International Project on the Economy of Inspiration" and part of its role in re-inventing the purpose of life has planned a forum on "The Inspiration of the Prophet Muhammad and his sustained Impact to humanity", under the title "My Life Has Meaning with Muhammad". This

* Corresponding author:

buhejim@gmail.com (Mohamed Buheji)

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scientific forum aimed to confirm how specialists, influencers, and successful people, represented by the participants in the forum, could relate their inspiration from Muhammad (PBUH) to their achievements or endeavour in life. Buheji (2020a), Lings (1983).

In reviewing the literature, the paper focuses on the type and depth of the inspiration of Muhammad (PBUH) as a prophet for Muslims. The focus here is on how this claimed inspiration can help Muslims to get rid of the barriers or fear of doing and achieving. Also, this review helps to find how to get out the insights within and even find every ordeal to avoid the negative impact from the environment around and not to be caught up in the small things. RE:Online (2019).

This paper synthesis, whether the inspiration from Muhammad (PBUH) it utilised in overcoming the narrow traditional thinking that makes people more focused on life-purposefulness. The sacrifice of Muhammad (PBUH) as a source of inspiration is explored and related to this multidimensional inspiration. Then, the depth of Muslims realisation of the inspiration from Muhammad's (PBUH) and its role in raising their (Capacity) vs life (Demands) and (Challenges) are explored. Finally, the review illustrates the uniqueness of the inspiration of Muhammad (PBUH) to world in general and to Muslims specifically.

2. Literature Review

2.1. The Sacrifice of Muhammad (PBUH) as a Source of Inspiration

Muhammad (PBUH) was able to bear the pain of dealing with problems that are not only complicated, but harmful for the sake of a better world. He elevated our human value by creating a new mindset for his followers. The followers of Muhammad spread his insights in various stages of life's journey. They have realised that challenges are sources for opportunities to explore how humans contribute to raising human dignity, which is beyond helping people. Ramadan (2007), Murad (1998).

This sacrifice and pursuit for delivering the message and the knowledge of Islam made Muhammad to be the source of many scholars, which produced in the form of companions and their followers, Esposito (2011). Those followers managed to create and spread a piece of new knowledge that enlightened the world and specifically the medieval Europe, Watt (1994). The sacrifice of Muhammad (PBUH), as both a messenger and a righteous man with a goal, extracted many philosophical principles based on humbleness and external locus of control that he showed, as well as Islamic practices and beliefs that managed to established with the message of Islam. Thus, as agreed by the majority of both eastern and western scholars, the inspiration of Muhammad gone beyond sayings and deeds that followed and explained the revelation of the Holy Quran. Muhammad became a source of aspiration to spread knowledge, share the wealth, overcome wicked problems, live with disappointments, and much more.

Koller (2004).

2.2. The Multidimensional Inspiration of Muhammad (PBUH)

Watt (1994) concluded Islam that was delivered by Muhammad is a multidimensional religion, and same does his inspiration. Similar to Islam, the Inspiration of Muhammad (PBUH) might bring different insights to different people. Esposito (2011).

The inspiration of Muhammad (PBUH) can be seen in its capacity to optimise the outcome of those who got inspired, Buheji (2018). The more those got inspired by Muhammad manage to show a sense of fulfilment for different speciality or mission, the more they show the holistic absorption of this inspiration.

As Watt (1994) admits that Islam's role in the lives of Muslims seems mostly positive and most of the studies conducted among Muslims provide only a birds-eye view of Islam, i.e. empirical studies of Muslims are scarce.

Koller (2004) emphasised that for Muslims the messenger Muhammad (PBUH) life journey from (570-632) shows one how to create conviction for the God, called by Muslims (ALLAH), and how-to zeal for the propagation of the faith through practising it in every path of life.

2.3. Call for Depth of Muslims Realisation of Inspiration of Muhammad's (PBUH)

The story of Muhammad, the prophet of Islam (PBUH), has been a source of inspiration for many scholars. However, few covered how this story and the holistic deeds, sayings and practices of Muhammad had transformed since then in current Muslims lives, RE:Online (2019). How the accumulative life of Muhammad even from the time of the rebuilding of the Holy Kabah in Mecca, to the year of sadness, the time of Hijrah (the migration to Madinah), then the series battles, till the final conquest of Mecca followed later by the speech of the 'Farewell Pilgrimage', all brought this inspiration need to be further studied. Ramadan (2007), Lings (1983).

Therefore, one of the early attempts to measure this realisation of Islam, however by Muslim government, was done by Rehman and Askari (2010). Rehman and Askari built an Economic Islamicity Index (EII) that help measure the commitment of Muslim countries compared to the rest of the leading world countries. Majority of the Muslim countries failed to meet the criteria of the (EII), why many of the leading developed countries and especially those doing well in HDI index. In analogy to the EII index, we believe that what Muslims needs most is to appreciate the depth of inspiration of their prophet through understanding how this can be practically linked to their actual professional life.

2.4. Inspiration of Muhammad (PBUH) in Raising the (Capacity vs Demand)

Inspiration of Muhammad (PBUH) helped to raise the (Capacity) within any person vs any type of (Demand)

through emphasising on determining the role of life and work focused on the way to create a legacy through a defined way of giving. As can be seen in Figure (1), this can be seen clearly through those who followed the prophet of Islam in his life and till today. Later scholars even improved their contribution specialisation based on dealing with specific social and economic challenges. Ayad (2020).

With the practices of Islam and his method of thinking, Muhammad (PBUH) eased the realisation of the mind through learning by doing that is the best method of persuasion, method of dialogue and communication with those opposing him, or opposing change, or the new faith preached. The way he (PBUH) dealt with the crises and calamities, or the way he dealt with issues of life and livelihood, or even the issues of death influenced many followers to get focused on the role in life. Esposito (2011).

2.5. Uniqueness of Inspiration of Muhammad (PBUH)

The uniqueness of the inspiration Muhammad (PBUH) come from the main causality which is its capacity to elevate our human value by creating for us a "mentality and insight" that searches in various stages of life's journey for (opportunities to explore how we contribute to raising human dignity) and not only (helping people). Ayad (2020).

The unique inspiration brought more people that are focused and followed more sustainable business models that led them to be distinguished in either their lifetime scientific, or pragmatic contribution and sometimes even both.

The main thread that brings all this inspiration is to address the community needs that would help address the meanings in our life, as reflected in Figure (2). Abu-Raiya and Pargament (2011).

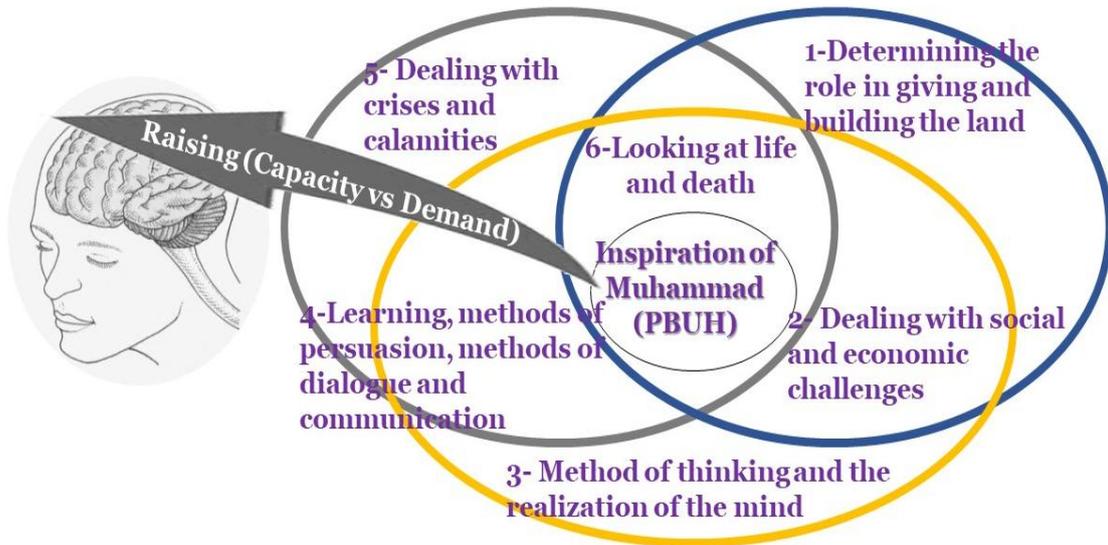


Figure (1). Represents how the inspiration of Muhammad (PBUH) brought to focus that raised the (Capacity vs. Demand)

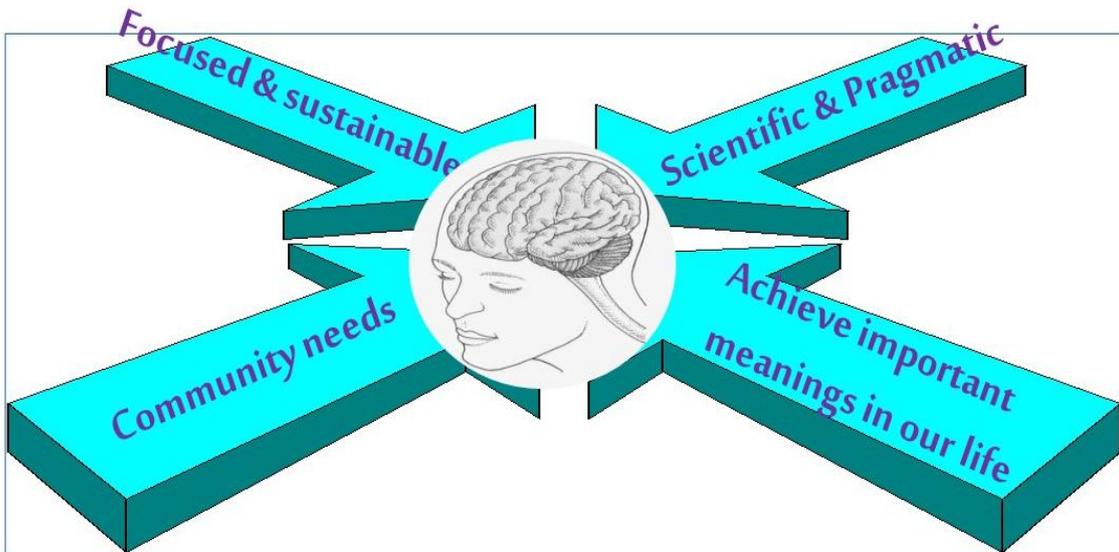


Figure (2). Illustrates the Perception of Muhammad (PBUH)

The simple approaches of Islamic thinking, where there are no formalities, only practices are meant to trigger the change in humans short- or long-term thinking and behaviours. Led to a distinguished socio-economic development to all the communities that implemented Islam spirit that Muhammad (PBUH) brought, Esposito (2011). Yes, unfortunately, we cannot see this in Muslim claimed countries; however, we can see the inspiration of Muhammad in all the coexistence projects plans that bring overcome all the being busy only with the moment, but rather focused also on the overall journey. This type of mindset helps to overcome the economic, social and political fluctuations, besides to be able to manage the sustainable change while raising the perception of the results. Meah (2020), RE:Online (2019).

3. Methodology

More than 40 countries scholars from around the world, who came from different disciplines and ethnicities, but who were all inspired by Muhammad (PBUH) gathered for a period of three days – during the 12th, 13th and 14th of November 2020. A total of 10 hours of continuous presentations and interventions were delivered, where all the sessions were pre-scheduled from 7 to 9:30 pm (Mecca time) via (Zoom app). Buheji (2020b).

After managing and following up on the speeches, presentations of the forum, all the participants (mostly experts and specialists) summarised inspiration were reflected in the case study qualitative data. The data is a brief of the outcome of the three days of the forum. Buheji (2020a).

Besides the three following recommendations, the data were synthesised to understand the common thread of all the inspiration mentioned by the participants. The first type of recommendation was to do more awareness and research on the subject through the "International Inspiration Economy Project" (IIEP) institutes, associations, journals, workshops and forums. The second recommendation of the forum emphasised the need to develop a strong partnership between the different research institutions interested in the subject of Muhammad inspiration on the actual lives of Muslims today. The third type of recommendation would be to send the outcome of both 1st and 2nd recommendation to all the specialised research centres that care about studying the Sunnah (the life of Muhammad- PBUH) and his legacy and all the Muslim and Non-Muslim centres of relevant specialisation.

4. The Forum Outcome Case Study

4.1. Milestones of Prophetic Inspiration- AlKhalel Alnahawi (Mauritania)- The Purpose and the Opening of Forum

To prepare all the participants, the forum was opened by a

speech from a prominent multidisciplinary Muslim scholar and thinker, Alkhalel Alnahawi who is highly respected to both his collective knowledge and pragmatic application of Islam in today and future life, Buheji (2020b). The main points of Alnahawi speech could be summarised in the following:

- Muslims need both intention for change and a social engineering program that brings them back to the purpose of their religion.
- The best inspiration of Muhammad can be seen in his focus to change the mindset of the Muslims through shaking up the pre-assumptions during his time and his call to do so throughout time.
- The social engineering could start by realising what the inspiration of this religion, called Islam is, and what the inspiration that Muslims should have got from Muhammad and led them with clear life-purpose.
- The other source for effective social engineering is to realise what are the different inspiration from Muhammad (PBUH) that made the Islamic Civilisation spread for many centuries in both East and West.
- The life of Muhammad is also a source for many problem-solvers, because as per Alnahawi and the resources he referred to, Muhammad (PBUH) showed us how to solve different problems regardless of where we are and who we are.
- The last inspiration from Muhammad that could be a source for our life is the encouragement of the Muslims to get engaged in their community, in adopting change, and creating value-added transformation.

4.2. Inspiration of Muhammed – A Scholar from Sudan

Dr Ali Ebrahim is a Sudanese scholar who reflected how Muhammad (PBUH) inspired strategists like him to be dedicated to solving problems within their region and getting involved in mediation.

4.3. Inspiration of Muhammed – A Scholar from Bahrain

Dr Essa Al-Muttawa, an ex-parliament of Bahrain member, a consultant Ophthalmologist and Friday Prayer speaker in one of Bahrain's main mosques spoke about how the inspiration of Muhammad (PBUH) reflected on him in always working to planting hope, which Dr Al-Muttawa learn from the prophet of Islam that could be best tool or approach during adversity and crises.

4.4. Inspiration of Muhammed – Scholars from Algeria

Dr. Najat Wassila Belghanami is Professor in Entrepreneurship & Innovation, besides plays, a role in Becher, in southern Algeria in development of her community, focused on how the Muhammad (PBUH) enhanced the meanings and the practices of planning through the development of participatory leadership.

4.5. Inspiration of Muhammed – Scholars from Mauritania

Dr. Elhadi Munir Tulba is a Mauritanian scholar, founder of a leading community development NGO, besides he is a legal consultant for some leading companies in Mauritania. Elhadi was inspired by Muhammad (PBUH) in trying to solve the problems of poor and in supporting the community and constructive charity.

Elhadi focused on the creativity of Muhammad in inspiring the others through being so humble .. to the extent that he used to repeat about himself that worked as a Grazer for the sheep. This inspired the poor and the youth to work in any type of work, no shame, as long as, it is not doing harm to others. This helped to change the mindset about the meaning of life, that influenced the thinking and the behaviour. He focused on the brotherhood of all humans, regardless of their background.

4.6. Inspiration of Muhammed – Scholars from Libya

One of the main inspirations of Muhammad (PBUH), as per the Libyan Dr Mohamed Bin Amer who is professor of Engineering and architect, besides being an advocate in civilisation development, is the differentiation of building an intermediary system between different systems. Such an intermediary system helps to build stories about how to inspire people to move forward with their livelihood and never to be dependent.

4.7. Inspiration of Muhammed – Scholars from UK

Dr Mohammed Al-Najjar (UK) a CEO of different industrial and educational enterprises, focused on the inspiration of self-motivation, and the capacity in envisaging challenges and overcoming them that came from Muhammad (PBUH).

4.8. Inspiration of Muhammed – Scholars from Iraq

A professor in education and psychology at Koya University, Kurdistan Region of Iraq, Dr Khaled Mustafa explains how Muhammad (PBUH) inspired his understanding and differentiated perspectives in relevance to Maslow's Theory of Needs which led to positive educational psychology.

4.9. Inspiration of Muhammed – Scholars from Albania

Prof Ramez Zakai, founder of Canadian Univ. for Technology, besides leading the Institute of Education, Heritage and Tourism in Albania, believes that the inspiration of Muhammad (PBUH) led him to build to enter the field of establishing global educational institutions.

4.10. Inspiration of Muhammed – Scholars from Bangladesh

Standing beside the needy by seizing opportunity in crisis, this is what Prof. Asm Shahabuddin, the Dean of Business school at Uttara University, Bangladesh, seen that inspiration of Muhammad on his life. Also, he believes that

Muhammad built a long-term relationship that needs to be exploited more and more between the religion and the business.

4.11. Inspiration of Muhammed – Scholars from Bosnia and Herzegovina

Dr. Senajid Zajimović, besides being the director of Waqef in Bosnia & Herzegovina, he is a regional expert in family stability issues. Dr. Senajid was inspired most un using the directions of Muhammad (PBUH) in healing the family and working towards its instability. He believes that through this inspiration we can create proper life balance and give more importance towards to our role to our families.

4.12. Inspiration of Muhammed – Scholars from Sri Lanka

Dr Muhammad Tasim Salih, is the deputy secretary-general of the Sri Lanka Muslim scholars association, besides being the GM of Ceylon Muslim Youth Association and who was awarded an honorary doctorate due to his distinction in the field of social work, believes that the inspiration of the prophet (PBUH) can be seen clearly in the way Muslims practising their religion and living in non-Muslim countries. Muhammad (PBUH) given a full direction on how to deal and coexist with brothers in humanity with high resilience.

4.13. Inspiration of Muhammed – Scholars from Kosovo

Muhammad (PBUH) inspired many people around the world in handling challenging events and solving-problems that what Dr. Suleiman Othmani, the professor and scholar specialised in hadeeth and sunnah in University of Kosovo concluded in his perception about his life journey experience.

4.14. Inspiration of Muhammed – Scholars from Kazakhstan

Zhanat Rakhmani is an educational development investor, and entrepreneur that comes from Kazakhstan mentioned how was inspired by Muhammad (PBUH) in doing business that motivates the community.

4.15. Inspiration of Muhammed – Scholars from Oman

Dr Rashid Al-Abri is a professor of ENT in College of Medicine, Sultan Qaboos Univ, besides being expert in Healthcare Quality and Safety, believes that Muhammad (PBUH) inspired many of his companions to explore in life sciences that led the fathers of Medicine as Ibn Sina, Ibn Alnafees and Alrazi.

4.16. Inspiration of Muhammed – Scholars from Palestine

The life of Muhammad (PBUH) is the main secret of Palestinian persistence till today, and he is the source after GOD for their capacity to face the adversity and affliction. This is what Yusuf Shalabi the community development

Palestinian expert from Jenin emphasised.

4.17. Inspiration of Muhammed – Scholars from Greece

Inspiration of Muhammad (PBUH) in the development of children, came from a professor at the Department of Islamic Sciences in Greece, Dr. Yasar Sherif Damadoglu.

4.18. Inspiration of Muhammed – Scholars from Singapore

The Islamic scholar Andy Abdelkader Andy Cuta, who works as the senior consultant at Islamic Association of Singapore, emphasised the role of Muhammad (PBUH) in developing education through the practices and methods of persuasion, dialogue and effective communication.

4.19. Inspiration of Muhammed – Scholar from (Serbia)

Dr Moloud Dodek is the president of Islamic Council, and the Mufti (the top reference scholar) of all Serbia. Dr Moloud saw that the way Muhammed (PBUH) lived his life with patience and sacrifice influenced the lives of many Muslims of Serbia, including himself.

4.20. Inspiration of Muhammed – Scholar from (Malaysia)

Dr. Mohamed Edil Abd Sukor who is an expert in Islamic Finance, and teaches in Malaya University besides being a visiting fellow in Oxford UK, seen that he learned a lot from Muhammed (PBUH) in practising and seeking unity in leadership.

4.21. Inspiration of Muhammed – Scholar from (Nepal)

Muhammad Khurshid Khan from the Hydayat NGO for Education and Charity in Nepal which has award-winning schools, emphasised that inspiration of Muhammad on his life was so tremendous as he (PBUH) made him dedicate his life for working for a charity for the poor and this reflected on Nepal Muslims and Non-Muslims.

4.22. Inspiration of Muhammed – Scholar from (Montenegro)

Muhammad (PBUH) inspiration even reach (Montenegro) as Ramez Loubouder, a scholar from the Islamic Council and Founder of Afaq NGO. Ramez believes that Muhammad (PBUH) have a unique way in the development of the human and the place.

4.23. Inspiration of Muhammed – Scholar from (Albania)

Ndrichima (Nora) Zakai the director of Women Development NGO, besides being the editor in chief for “The Family” Magazine in (Albania); see that the inspiration of the Prophet of Islam (PBUH) can be seen clearly in the way he creates paths towards community stability and that’s what influenced her to get more engaged in the community development.

4.24. Inspiration of Muhammed – Scholar from (Pakistan)

Another inspiration pause of prophet Muhammad (PBUH) comes this time from Haris Mehmood, a youth leader, and minister of education in National Youth Council, and a Red Crescent youth supporter in Pakistan. Haris believe that Muhammad (PBUH) optimised the importance and benefit of youth.

4.25. Inspiration of Muhammed – Scholar from (Indonesia)

Dr Muntaha Zaeem, an Indonesian professor of Fqih, sees that Muhammad inspired him to specialise in Coexistence between Muslims and Non-Muslims.

4.26. Inspiration of Muhammed – Scholar from (Canada)

Dr Nicola Bragazzi (Abdul Rahman) a professor of Public Health in Ontario Canada, who specialises in health statistics and epidemiology, spoken about his conviction to Islam, and how life of Muhammad (PBUH) inspired him to take this decision after studying many religions.

4.27. Inspiration of Muhammed – Scholar from (Canada)

Ibrahim Musa an Islamic scholar who is pursuing his PhD in Sharia & Law, besides having one of the leading NGO on Holy Quran in (Kano- Nigeria); believes that Muhammad (PBUH) inspired him to visualise and work for a future of Africa that free from the Unemployed.

4.28. Inspiration of Muhammed – Scholar from (UK)

Muhammad (PBUH) is inspiring mercy to mankind. This is what Wajahath Ali, the educator of Arabic & Islamic Sciences in London Colleges, who has a background in pharmacology believes is the drive of his life.

4.29. Inspiration of Muhammed – Scholar from (Algeria)

Dr. Djama Malika is a lecturer at the University Center Ali Kafi Tindouf Institute of Law and Political Science. Djama believes that Muhammad (PBUH) inspired her to deal with different crisis throughout her carrier.

4.30. Inspiration of Muhammed – Scholar from (Syria)

Ali Al-Hamad, is a mentor who specialises in business public relations and communications. He works on several projects to train young people. He confirms that Muhammad (PBUH) inspired him to get engaged with the development and empowerment of youth.

4.31. Inspiration of Muhammed – Scholar from (Algeria)

Another voice from Algeria believes that Muhammad (PBUH) inspired him to focus on developing Family Business, this was Dr Benyahia Mohammed who is also a researcher specialised in sports marketing and manages a

family business Bakery in South of Algeria.

4.32. Inspiration of Muhammed – Scholar from (UK)

Julia Katarina (Aisha) a British musician sympathised with the cause of Palestine and was influenced by the children of Palestine and their commitment to prayer in the Aqsa Mosque, and then converted to Islam. She believes that the significance of the Israa Muhammad (PBUH) to Al-Aqsa Mosque in a holy night inspired her life and the decisions she made to become a Muslim.

4.33. Inspiration of Muhammed – Scholar from (USA)

Mohammed Waqas is another Muslim activist living in USA, who believes that Muhammad (PBUH) inspired him to be wise in dealing with non-Muslims while living in the West.

4.34. Inspiration of Muhammed – Scholar from (KSA)

Jamaan Alzahrani, a Saudi NGO leader specialised in Islamic media development for developing countries, believes that the love of Muhammad (PBUH) is a source of sustainable inspiration for humanity.

4.35. Inspiration of Muhammed – Scholar from (Bahrain)

Dr. Dunya Ahmed is an assistant professor from the University of Bahrain, besides being an adviser in supreme council for women and a co-founder of Inspiration Economy Society in Bahrain. She believes that Muhammad (PBUH) inspired and developed her experience with people of disabilities.

4.36. Other Scholars Registered to Report Their Inspiration of Muhammad (PBUH) but Could Attend Due to Connectivity Problem

- Atteia Alsunoosi and NGO specialised in Humanitarian Relief charity and voluntary Work from Chad.
- Professor Mahmood Abdul Atti founder of the Arab Scholars Index, besides being a prominent professor in Mathematics from Egypt.
- Dr Omamah Showqi an expert in organic farming, and villages development from Morocco, who developed many coops for Moroccan farmers.
- Latif Momeni a pioneer in healthcare services from Ghana, focuses on the healing of the poor through a social entrepreneurship program that focuses on the villages in the upper region of Ghana.

5. Discussion

5.1. Lack of Scientific Evidence

The synthesis of both the literature review and the case study shows that contemporary Muslims are yet to build practices that establish scientific evidence about the inspiration of Muhammad (PBUH). Scholars, as those in the

forum, need to show with details how the inspirations of the prophet of Islam have managed to influence them to create differentiated stories.

Currently, the literature is totally scarce for inspiring models that were linked to the inspiration from Muhammad (PBUH). These models can be narrated like stories through storytelling that could easily spread among Muslims and non-Muslims to show that they can be replicated or even developed. This would enhance the depth of understanding the inspiration from Muhammad (PBUH) on our day-to-day life and long-term life purpose.

5.2. Common Thread of all the Inspiration

If we codify and classify and then stratify all the types of inspiration from Muhammad to all the forty forum participants we would see that they all have four common threads, regardless of the extent of this inspiration, or what is its outcome so far.

5.2.1. Striving towards Realisation

All the participants clearly passed the stage of knowing the importance of Muhammad in their practical life, how they differ in the extent of reaching the state of 'Realisation', i.e. knowing what do they really want to create as an outcome. Almost the majority did not present any specific, measurable result of how much Muhammad (PBUH) has influenced their life journey and the outcome they are striving to achieve.

5.2.2. Clarity of Life Purposefulness

Majority of the forum participants (30 out of 40 participants), 75 per cent, stated directly or indirectly what is their life purposes and the reasons to do what they are doing today.

5.2.3. Level of Determination

The forum participants can be categorised, at least 80 per cent, to be a type of leaders with dreams, due to certainly they all have a clear level of determination of what they 'should and must do'. The level of emotions was balanced with the level of 'quality of purpose' that makes a difference in sustained dedication.

5.2.4. The Intrinsic Motivation

The synthesis of the way each forum participant expressed the inspiration from Muhammad (PBUH) shows that the majority 60 per cent of them have planned for massive actions and now built-in intrinsic motivation that is driving them to create the change for themselves and the communities. Meah (2020).

5.3. Why Inspiration of Muhammad is Important now More than Ever?

All the contributors agree that measuring the extent of the inspiration of Muhammad (PBUH) in the actual Muslims life is more important today than ever due not only the deteriorating situation of the Muslims and their civilised

nation, but also to the importance of curiosity in today's life.

Reviving the true inspiration of Muhammad in a Muslim individual would make him/her appreciate their role in address the inter-generational gaps that are increasing between generations. Surviving through wars, conflicts and spread of diseases is not easy, however, once one appreciates that he/she is being inspired by someone loved, this would keep them strive more and more towards making a differentiation regardless of the external environment.

6. Conclusions and Recommendations

6.1. Reviving the Inspiration of Muhammad (PBUH) in Creating Abundant Thinking

Muhammad (PBUH) came in humanity in a culture somewhat similar to our culture today where the materialistic thinking and scarcity-driven mindset dominated all the society. Solutions were seen only through the availability of identified known materialistic resources, with no innovation or creativity whatsoever for models that are less dependent on materialistic life.

Despite we are referring to more than fourteen and half decades ago still we rarely experience a capacity in the world to adopt the abundance-driven mindset that is led by empathetic thinking. Therefore, reviving the inspiration of Muhammad is particularly important to humanity and not only Muslims since it would help us experience more successful models that practices abundant thinking to bring solutions to complex problems in the world.

The more the world, Muslims and Non-Muslims, appreciates Muhammad's (PBUH) depth of message, the more we could see the effective exploration of the existing and the hidden opportunities. These explorations could bring a transformation to Muslims role and depth of contribution to

the world, since they would carry new and truth-driven mindset, as shown in Figure (3).

6.2. Future Studies Recommended on the Inspiration of Muhammad (PBUH)

Muhammad, as an inspiring leader, created an actual model that the world could learn and extract from. He (PBUH) shown humanity, as the final prophet that we humans need to define our role in giving and creating a change during our lifetime journey, as when we get engaged in social and economic challenges. The way Muhammad triggered a new school of thinking helped to socially engineer the society supporting it with sustainable models that are run by effective education, development, mediation, persuasion, and continuous methods of communication. All these needs to be seen yet in our life in different means and should integrate with our fabric of life and livelihood.

6.3. Limitations and Implications of This Paper

The limitation of this paper is that it depended on convenient sampling. Several types of inspirations could have been extended as a sub-title of this paper; however, the author decided to limit the scope of the paper to be like an introduction to this scarcely covered topic, hoping that it would open a line for new research in the future. This work does not carry implications for Muslims way of life only, but also give a chance for non-Muslims to appreciate why Muhammad (PBUH) is still a source of inspiration for many true scholars regardless of their ethnicity and background.

The paper also calls for further consideration for a variety of research that gauges the levels of Muslims understanding and appreciation of the depth of their religion and how it came to contribute to humanity development.

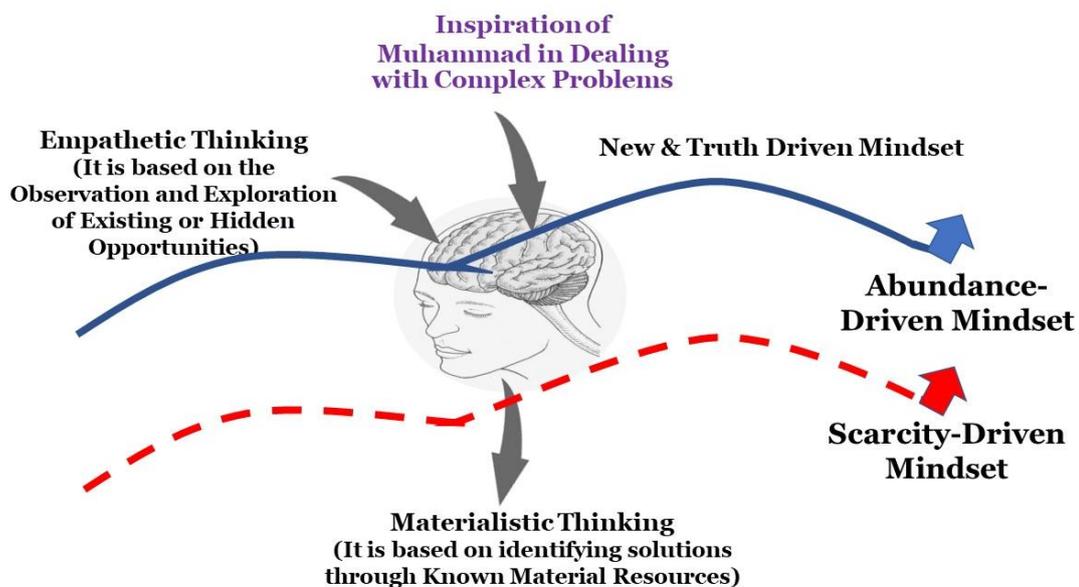


Figure (3). Illustrates the Possible Inspiration of Muhammad (PBUH) on Reviving the Abundant Mindset for both Muslims and Non-Muslims

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